

# COMPREHENSIVE REHABILITATION SERVICES

## DESCRIPTION OF SERVICES

The provision of therapy services enables people to make the most of life - physically, mentally, and socially. A variety of services are offered to individuals experiencing a wide range of conditions. Therapy enhances the independent function of individuals so they can participate in daily activities. Mastery of these skills allows them to resume roles within their family, community and workplace.

## OCCUPATIONAL THERAPY

St. John Occupational Therapy (OT) utilizes activities that improve individuals' skills and adapt the environment to allow individuals to achieve greater levels of independence. The goal is to return people to the "occupation" of living. Occupational Therapists and Assistants work toward the individuals' full recovery. When this is not possible, OT's will instruct the individuals, families, and caregivers in compensation techniques and the use of adaptive devices such as modified clothing, eating devices, and toileting aides.

## PHYSICAL THERAPY

St. John Physical Therapy (PT) provides evaluation and treatment of problems related to muscles, nerves and joints - conditions that limit an individual's ability to function. The Physical Therapy team works toward regaining function through strengthening and re-educating weak muscles, increasing joint motion, helping individuals reduce and manage musculoskeletal pain, and restoring movement and function. A component of PT is directed at preventing injury and loss of movement as well as educating the individual regarding management of their condition.

## SPEECH & LANGUAGE PATHOLOGY

St. John Speech & Language Pathology (SLP) helps individuals regain communication and/or swallowing skills. Speech & Language Pathologists use a variety of techniques to help improve speech, comprehension, reading, writing, reasoning, memory and attention. They also assist individuals with swallowing impairments, to maximize nutritional intake through diet modifications while instructing families and caregivers in these compensatory techniques.

## WHO NEEDS REHABILITATION SERVICES?

Individuals who may require rehabilitation services are of any age and may have conditions such as arthritis, stroke, joint replacements, impairments from fractures, trauma injuries, spinal pain, neurologic conditions and balance disorders, communication disorders and cognitive impairments. Provisions can also be made for fitness evaluations, wellness consultations and various educational programs.

## ACCESSING SERVICES

To learn more about St. John Physical Rehabilitation and related specialty programs contact 1-800-711-8150.



ST. JOHN PHYSICAL  
REHABILITATION

REAL MEDICINE<sup>SM</sup>

# ST. JOHN HEALTH COMPREHENSIVE PHYSICAL REHABILITATION SERVICES

## WAYNE COUNTY

1. St. John Detroit  
Riverview Hospital  
7733 E. Jefferson  
Detroit, MI 48214  
313-499-4560  
Fax: 313-499-4367
2. St. John Hospital  
& Medical Center  
22101 Moross Road  
Detroit, MI 48236  
313-343-3744  
Fax: 313-343-8724
3. Mission Health  
Medical Center  
37595 Seven Mile Rd.  
Livonia, MI 48152  
734-432-7798  
Fax: 734-432-6607

## MACOMB COUNTY

4. Beaconsfield Satellite  
19601 E. Eight Mile  
St. Clair Shores, MI 48080  
586-771-6084  
Fax: 586-771-6702
5. Twelve Mile Road Satellite  
20952 Twelve Mile Road Ste 110  
St. Clair Shores, MI 48081  
586-498-3500  
Fax: 586-498-3510
6. Romeo Plank Satellite  
46591 Romeo Plank Rd., Ste. 115  
Macomb, MI 48044  
586-226-6500  
Fax: 586-226-6501
7. St. John Macomb Hospital  
11800 E. Twelve Mile Road  
Warren, MI 48093  
586-573-5123  
Fax: 586-573-5493
8. Clinton Township Satellite  
37400 Garfield Suite 200  
Clinton Township, MI 48036  
586-263-5220  
Fax: 586-263-8169

9. Shelby Township Satellite  
45660 Schoenherr  
Shelby Township, MI 48315  
586-566-3050  
Fax: 586-566-3068
10. Warren Satellite  
27450 Schoenherr, Suite 100  
Warren, MI 48088  
586-582-7825  
Fax: 586-582-7826  
Neurological  
Recovery Systems  
27450 Schoenherr 100A  
Warren, MI 48088  
586-582-7825  
Fax: 586-582-7826
11. St. John North Shores  
26755 Ballard Road  
Harrison Twp., MI 48045  
586-466-5234  
Fax: 586-466-5397
12. St. John Medical Center  
– Windemere Park  
31700 Van Dyke Ste. 160  
Warren, MI 48083  
586-276-8001  
Fax: 586-276-8002

## OAKLAND COUNTY

13. Providence Hospital  
16001 W. Nine Mile  
Southfield, MI 48075  
248-849-5802  
Fax: 248-849-3406  
Providence Pavilion  
Center for Rehabilitation  
and Fitness  
22255 Greenfield, Ste. 118  
Southfield, MI 48075  
248-849-3907  
Fax: 248-849-5737
14. Providence Park  
Rehabilitation Services  
47601 Grand River  
Novi, MI 48374  
248-465-4190  
Fax: 248-465-4894

15. Providence Medical Center -  
Farmington  
30055 Northwestern Hwy.  
Farmington, MI 48334  
248-865-4060  
Fax: 248-865-4114
16. Rochester Hills Satellite  
3950 S. Rochester Road Ste 2200  
Rochester Hills, MI 48307  
248-844-6140  
Fax: 248-844-6142
17. St. John Oakland Hospital  
27483 Dequindre Ste 102  
Madison Heights, MI 48071  
248-967-7537  
Fax: 248-967-7643

## ST. CLAIR COUNTY

18. St. John River District Hospital  
4100 River Road  
East China Township, MI 48054  
810-329-5385  
Fax: 810-329-8919

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Rehabilitation and  
related specialty  
programs contact  
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